Of late, I have been spending a considerable amount of time listening to the Psalms—mentally drinking in the wonderful words contained in them. The manner in which they comfort the soul in times of distress is wonderful. We all have these moments of distress when it seems our world is pulling apart at the seams and all we can do is watch it unravel. If only we could find a ray of hope from someone similarly situated! Such hope would be greater than riches! I have a psalm that I would like to share with you for such times as these—it is the 27^{th} Psalm. (Amplified)

¹ The Lord is my Light and my Salvation—whom shall I fear or dread? The Lord is the Refuge and Stronghold of my life—of whom shall I be afraid?

² When the wicked, even my enemies and my foes, came upon me to eat up my flesh, they stumbled and fell.

³ Though a host encamp against me, my heart shall not fear; though war arise against me, [even then] in this will I be confident.

⁴ One thing have I asked of the Lord, that will I seek, inquire for, and [insistently] require: that I may dwell in the house of the Lord [in His presence] all the days of my life, to behold and gaze upon the beauty [the sweet attractiveness and the delightful loveliness] of the Lord and to meditate, consider, and inquire in His temple.

⁵ For in the day of trouble He will hide me in His shelter; in the secret place of His tent will He hide me; He will set me high upon a rock.

⁶ And now shall my head be lifted up above my enemies round about me; in His tent I will offer sacrifices and shouting of joy; I will sing, yes, I will sing praises to the Lord.

⁷ Hear, O Lord, when I cry aloud; have mercy and be gracious to me and answer me!

⁸ You have said, Seek My face [inquire for and require My presence as your vital need]. My heart says to You, Your face (Your presence), Lord, will I seek, inquire for, and require [of necessity and on the authority of Your Word].

⁹ Hide not Your face from me; turn not Your servant away in anger, You Who have been my help! Cast me not off, neither forsake me, O God of my salvation!

¹⁰ Although my father and my mother have forsaken me, yet the Lord will take me up [adopt me as His child].

¹¹ Teach me Your way, O Lord, and lead me in a plain and even path because of my enemies [those who lie in wait for me].

¹² Give me not up to the will of my adversaries, for false witnesses have risen up against me; they breathe out cruelty and violence.

Let your mind find solace in this Psalm. David was acquainted with the troubles of life. He overcame his difficulties by going to God because he believed that God would help him. David's faith was not in vain for God did help him and deliver him from all his troubles. When we live faithfully, we can definitely expect help from the Lord in the day of trouble.

¹³ [What, what would have become of me] had I not believed that I would see the Lord's goodness in the land of the living!

¹⁴ Wait and hope for and expect the Lord; be brave and of good courage and let your heart be stout and enduring. Yes, wait for and hope for and expect the Lord.