Be of Good Cheer!

In this day and age, such an exhortation seems wingless--like a bird desiring to soar high but cannot find the wings to do it. How often have we desired this very thing but life's daily obstacles stood in the way--almost daring us to try to be cheerful. They bullied us into submission. We were made afraid. We had become like Saul's army before Goliath in I Samuel 17. Where is our David? Who shall slay our GIANT?

Your David is within you! Your David is your thoughts! We have become the product of our thoughts. Weak thoughts, faithless thoughts, cowardly thoughts produce FEAR! Our mental attitude becomes paralyzed when faced with unpleasantness. We are defeated even before the battle begins! We do not see problems as challenges designed to produce character and courage in us, we see them as the enemy. We do not see hardship as the means to test the power of the human spirit, we see it as a punishment that may never go away. How do you see things? This question may be the very thing you need to ask yourself this morning. I am not writing to you as one who has never been challenged by this very thing--I have been in this valley also! But over time, and certainly altogether by the grace of God, I have come to see the David in me. This David is a chain of thoughts rooted in the belief that God is with you and that whatever you need to endure what you face, he will provide in abundance. God is bigger than the problems you face. His power makes the greatest issue seem the size of a grain of sand. Let me leave you with Paul’s words to the Philippians.

***For the rest, brethren, whatever is true, whatever is worthy of reverence and is honorable and seemly, whatever is just, whatever is pure, whatever is lovely and lovable, whatever is kind and winsome and gracious, if there is any virtue and excellence, if there is anything worthy of praise, think on and weigh and take account of these things [fix your minds on them]. 9Practice what you have learned and received and heard and seen in me, and model your way of living on it, and the God of peace (of [***[***e***](https://www.biblegateway.com/passage/?search=Philippians+4&version=AMP#fen-AMP-29450e)***]untroubled, undisturbed well-being) will be with you. Philippians 4:8,9, Amplified).***